



# Heat-Trapping Blanket

*A metaphor for the basic mechanism of climate change*



*The story you're telling:*  
When we burn fossil fuels for energy, we add more and more carbon dioxide into the atmosphere. This buildup acts like a blanket that traps heat around the world, which disrupts the climate.

*Strategic way to redirect thinking away from patterns such as:*



**Change Is Natural/Fatalism; It's About the Ozone, Isn't It?; Nature Will Fix Itself; Nature Works In Cycles; Solution = Recycling**

*Concepts and ideas included in this frame element:*

- **The atmosphere is like a blanket that surrounds the earth:** establishing the blanket metaphor early, and making sure it is understood as a metaphor, helps translate the underlying science with fidelity.
- **When we burn fossil fuels like coal and natural gas for energy, we add carbon dioxide to this blanket, which is like thickening the blanket:** corrects the misconception that the problem is caused by the hole in the ozone; reinforces how human activities lead to warming, facilitating solutions thinking.
- **The thicker a blanket gets, the more heat it traps underneath:** establishes the basic mechanism, and paints a clear picture of where the heat gets trapped (under the blanket), as well as the idea that it becomes more difficult for heat to escape.

*(Continued on reverse)*



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*Concepts and ideas included in this frame element:*

- **The “blanket effect” leads to warming, which disrupts the climate:** communicates that warming is a problem, not equivalent to the pleasant warmth of a day a little sunnier than others.
- **For example, this extra heat results in:** once you have introduced the metaphor, continue to explain an impact of climate change, so that you don't leave the impression that the increasing warmth of the atmosphere/ocean is a trivial matter or even beneficial.
- **Reducing our emissions of heat-trapping gases is the solution:** focusing on the heat-trapping effect has more powerful frame effects than the alternative metaphors *greenhouse gases* or *carbon pollution*.

*Read the original research behind this recommendation at [FrameWorksInstitute.org](http://FrameWorksInstitute.org)*